

WASHINGTON MASSAGE NEWS  
A A M M

March Issue, 1959

The March issue is a week late as I have been awaiting information or news to pass on to you, but so far there is none. The bill as I reported is now dead and there is nothing of a detrimental nature in any of the other bills to worry us.

There is being reprinted in this issue the instructions for the use of a new substance used in giving mud facials or in cases of dry skin or skin troubles all over the body. I am in possession of a number of sample boxes of the product. They sell for one dollar and a half.

There is enough for one body treatment which sells to the public for three dollars, or enough for ten facials at one and a half dollars.

I have the agency, and I decided that I would sell these for one dollar and one half; then I would put fifty cents of that amount in a fund for legislation and other legal expenses for every one that is ordered by one of our members.

You may obtain a box by writing to me at 5238 University Way, Seattle, Washington, c/o Regina Williams Better Health Salon.

This is just a little experiment to see if we could make expense money from some product which we may use ourselves and avoid taking money from our pockets for these things.

There are some very glowing acclaims made for this product by the company. Those using it in California and New York are likewise very enthusiastic. I have made some tests and they turned out good.

Arthur Dunbar

DYNAPAC - And Its Many Uses

Dynapac is an antiseptic mineral in its own right, purified by intense heating, approximately 1200 degrees fahrenheit, pulverized into finely divided particles passing 300 sieve, air floated, collected and packaged in its natural state. Composed of Calcium, Iron, Manganese, Magnesium -- all highly vibrating, stimulating and refreshing.

A BEAUTIFUL SKIN IS THE NATURAL HERITAGE OF A HEALTHY BODY

DYNAPAC FACIAL

Mix approximately one heaping tablespoon in cup with sufficient water to make a paste. Apply to face, as a pack, allow to dry. (Note drawing effect.) Wash face with cold water. Dynapac will

not clog grain as it stays in suspension and is carried off with water. Due to its minute fineness of grain, and its non irritating plasticity, it penetrates and adheres to the smallest pores of the face. Upon drying and removing from face, it helps to help to eradicate the impurities imprisoned in the pores. It cleanses pores and purifies the skin and leaves it in a healthy velvety condition. For oily skin mix with water until correct elasticity is reached. For dry skins, mix with milk. In severe cases of enlarged pores, add oil mix with hot milk or hot water. Allow to dry, remove, rinse with cold water. If excessive oily conditions, follow cold water application with alcohol. Dynapac makes an excellent powder base. Apply lightly and use regular make-up etc. The use of a lubricating cream is desirable on dry skins. Dynapac helps to eliminate blackheads, pimples, and correct skin blemishes, blotches, etc.

#### OTHER USES

Sunburn (before and after) -- Apply as powder before being exposed to sun. If used after burn, apply as a pack, allow to dry, rinse off.

Dandruff -- Apply to scalp as a paste, rub in, allow to dry, rinse.

Sinus -- Apply as a pack on affected parts.

General relief of pain as a pack on irritated muscles, etc. Allow to set, dry and rinse. Stimulates circulation and relieves pain.

Dynapac is sold as a skin beautifier and pain-relieving agent.

Try Dynapac as a complete mud bath. Sold in 5 and 10 pound packages.

The following is a copy of a letter received from Thomas A. Carter, Administrator, State of Washington Department of Licenses, Olympia.

Dear Mr. Dunbar:

As per your request, I am submitting this letter to you relative to the profession of massage.

As I mentioned to you in our office, those people doing massage do not require a license by this department. All work performed by masseurs is done by the manipulation of the hands. There are some cases where people doing massage are using short wave machines and in using these machines, they are in violation of the Drugless Therapeutics law.

As long as they are staying within the realm of their profession, they will not be bothered by the inspectors of this department; however, we will be making periodic inspections of these establishments.

It was a pleasure meeting with you and discussing your problems. If we can be of any help to you in the future, please let us know.

You're very truly,

PROFESSIONAL DIVISION

Thomas A. Carter, Administrator

Editor

Washington Massage News

It has occurred to me, that from statements made among our ~~a few~~ membership and the action taken by the National Convention in Indianapolis, Indiana, that many of us do not have a clear ~~and~~ ~~new~~ ~~and~~ conception of the field of therapy and what a scope physical therapy covers.

Physical Therapy covers massage therapy, hydro-therapy, electro-therapy, light and heat therapy, colon therapy, mechano-therapy, Kinesiology, manipulation and exercise, both passive and active.

It would seem that one should have the above equipment and the knowledge and a license to use it successfully in order to advertise physical therapy, or call ones self a physical therapist.

The National Convention in making a change of name from American Association of Masseurs and Masseuses to American Association of Message AND Therapy would tend to give one the idea that massage was not a therapy. Scientific massage is definitely a therapy and a very important part of physical therapy. I think the word "And" should have been left out of the new name.

I have visited several of our members and some non-members who advertise massage and physical therapy, making a distinction between the two. Actually, they were not completely equipped for physical therapy, having maybe only some electrical gadget or a possible shower bath for hydro-therapy, with no physical therapy training other than the salesmans instructions who sold them the instruments.

A word of caution would be for each and every one to know the limitations of the message therapy profession. Know what they are doing and what they are talking about. Do not misrepresent or claim to do something you can not do. I received my training in a doctors office, by an osteopathic physician and surgeon (who didn't believe in surgery except as a last resort.) He practiced physical therapy with a complete array of equipment, but believed in the Levy Ling system of scientific massage therapy, as the best of all therapies. I used all his equipment under his supervision for a four year period. Probably the equivalent in time of a course in physical therapy, yet I would not call myself a physical therapist. I am a masseuse and I'm proud of it. I like massage for myself and my patients like it too. Nothing can replace it for results in fracture convalescents, post-operative and many other conditions.

Fraternally,

Blossom Gladys Guntley, R.M.

An Executive - One who leaves his air conditioned office, and drives his air conditioned car, to his air conditioned club, to take a steam bath.

Submitted by John Murray

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Just a reminder....

The Convention issue (June or July) will be the last issue (presently) your editor will publish. The interest of this publication is recognized by our profession and consideration should be given at this time for an editor for the next year.

All most men want from their wives are affection, admiration, encouragement, and ability to live grandly on an inadequate income..... (Submitted by John Murray)